

Welcome to River Crossing YMCA's summer program quide. We are pleased to provide clean facilities and safe programs to help you meet your health and wellness needs now more than ever.

IT PAYS TO BELONG.

As a member you have a full list of facility amenities and program benefits! Click here to learn more.

PROGRAM REGISTRATION DATES

- Family Members: Apr 16 (online, phone or in-person)
- Member: Apr 18 (online, phone or in-person)
- Non-member: Apr 21 (online, phone or in-person)

NOT A MEMBER? Click here to join today!



KNOW BEFORE YOU GO. Sign up for text alerts.

Receive notifications about changes, cancellations and closures for branch-specific programs including:

- building opening delays and closures
- pool closures
- group exercise class changes and cancellations

Sign up for alerts: Click here to sign up.

Having trouble opting in? Or already in the system but need to add new locations? Click here to email Brittney for help.

MONTHLY DRAFTS

For our regular youth and adult sports and swim programs, arts and enrichment classes, we have transitioned to monthly drafts instead of requiring re-registration for a session with the exception of seasonal programs and leagues. Register for your youth swim, sports or personal training program and we'll continue to bill you monthly until you request to stop! Super convenient and helpful in establishing schedules for your family! Click here to learn more.



Financial Assistance

At the Y, we believe in making a positive impact on individuals and families in need. Financial assistance is available for membership, programs and child care through an application process. For full information and application details click here or scan the QR code.



UPCOMING EVENTS AT THE Y! Click here to learn more.



KIDS TRIATHLON: August 10. 6:30-11:45 AM Youth ages 3–15 are invited to compete in a triathlon KIDS TRI designed for their age group. Click here to register.





As a full member, you have access to our branches in Pennsylvania in **Bucks, Lehigh and Northampton** counties and in New Jersey in **Hunterdon County.**

Please view a full list of our locations below.

For more information visit

ymcarivercrossing.org

Allentown

425 South 15th Street Allentown. PA 18102 Click here for hours and amenities

Bethlehem

430 East Broad Street Bethlehem, PA 18018 **Click here for hours and amenities**

Deer Path

144 West Woodschurch Road Flemington, NJ 08822 **Click here for hours and amenities**

Doylestown

2500 Lower State Road Doylestown, PA 18901 Click here for hours and amenities

Easton/Phillipsburg

1225 West Lafayette Street **Easton, PA 18042 Click here for hours and amenities**

Fairless Hills

601 South Oxford Valley Road Fairless Hills, PA 19030 Click here for hours and amenities

Nazareth

33 South Main Street Nazareth. PA 18064 Click here for hours and amenities

Newtown

190 South Sycamore Street Newtown, PA 18940 **Click here for hours and amenities**

Ouakertown

401 Fairview Avenue Ouakertown, PA 18951 Click here for hours and amenities

Slate Belt

315 West Pennsylvania Avenue Pen Argyl, PA 18072 Click here for hours and amenities

Suburban North

880 Walnut Street Catasaugua, PA 18032 Click here for hours and amenities

Warminster

624 York Road Warminster, PA 18974 Click here for hours and amenities

FITNESS

We offer state-of-the-art wellness centers and group exercise studios, focused on the health and wellbeing of each of our members. Our wellness centers are open and spacious and well equipped with a variety of cardio, selectorized strength machines, free weight and functional training equipment.

FITNESS EQUIPMENT ORIENTATION

Fitness Equipment Orientations will acclimate you with the Wellness Center, teaching you how to use the equipment safely and effectively. Click here to register.

FITNESS CONSULTATIONS

Available free every 90 days, book an appointment with a fitness professional for guidance and support to help you reach your goals. **InBody Body Composition Scans** are available at select branches.

FITNESS TRAINING

Experienced trainers will design a program specific for you and help you create sustainable lifestyle changes to meet your health and wellness goals – no matter where you are in your journey. For questions, prices or to book a training package click here or scan the QR code.



GROUP EXERCISE

Group exercise classes are included free with membership. <u>Click here</u> for schedules and reservations.



CAMP CARR OUTDOOR POOL

Mon-Thurs: 6-8 PM; Fri: 5-8 PM; Sat & Sun: 12-7 PM



EASTON EDDYSIDE POOL

Mon-Fri: 12-7 PM; Open on even numbered days only



EASTON HEIL POOL

Mon-Fri: 12-7 PM; Open on odd numbered days only



HOLLAND OUTDOOR CENTER

Mon & Wed: 5-7 PM; Sat & Sun: 12-5 PM



SOLECO POOL, MANAGED BY RIVER CROSSING YMCA

Mon-Sun: 12-8 PM



Scan or <u>click here</u> to view program registration information online

GYMNASIUM

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Quakertown, Slate Belt and Suburban North. Our gymnasiums are available for open gym, basketball and pickleball. To view our gymnasium schedules click here.

AOUATICS

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Nazareth, Ouakertown, Slate Belt and Warminster. Click here to learn more.

In addition to our aquatics and swim programs, we offer lap swim, open/family swim, a whirlpool (Deer Path, Doylestown, Easton, Slate Belt) and aquatic group exercise classes. All aquatic exercise classes are available via a reservation system.

SWIM LESSONS

Swim instruction is available for all ages, including teens and adults, with options for private and semi-private lessons. Dive into our programs to enhance your swimming skills and confidence today! Click here to learn more.





DOYLESTOWN SKATEPARK HOURS

Mon-Thurs 4:30-8 PM; Fri 4:30-9 PM Sat & Sun 12-6 PM

Hours and availability are subject to change due to weather conditions.

Click here for more information.

METRO ESPORTS GAMING LOUNGE HOURS

Doylestown Lounge Mon-Fri | 2:30-9 PM Sat & Sun | 2-6 PM Warminster Lounge Mon, Wed, Fri | 3-7 PM Tues, Thurs | 5-7 PM Sat & Sun | 9 AM-12 PM

Fairless Hills Lounge Mon-Thurs | 3-7 PM Fri | 3-8 PM; Sat & Sun | 2-5 PM





STAY & PLAY

Child care while you work out! Make the most of your visit while we look after kids aged 3 months to 6th grade. This service is free to members with adult and family memberships, ensuring you can focus on your workout knowing your children are safe and supervised.

Click here for more information.





Click here for Child Care

<u>Click here</u> for School Age Child Care

Don't miss out, SUMMER CAMPS are filling fast! Click here to register.



Member Referral Program

Current members will receive \$30 in Y Bucks when they refer a friend who joins the Y! Visit the Welcome Center to learn more.





This is a membership about community, caring and cause! You are supporting vital community programs in a meaningful way where everyone benefits!

SCAN THE QR CODE OR CLICK HERE TO LEARN MORE!

River Crossing YMCA is the nonprofit charity transforming **millions of dollars into moments** of impact. **Click here** to learn more.





Enjoy a career with a future and the opportunity to make a lasting difference in the lives of those around you.

- Includes FREE YMCA membership & reduced membership and program fees for the family
- FREE virtual wellness platform for the entire family
- Competitive hourly pay rates
- · Friendly, caring team environment
- Nurturing employee onboarding program

Apply online at ymcarivercrossing.org/hr or in person at the Welcome Center at one of our branches!

RIVER CROSSING YMCA PHONE APP

Our app includes a "find a class" feature, electronic access to schedules and links to our reservation system and virtual wellness platform. Keep track of your workouts and participate in member challenges. Turn on notifications, and you'll receive push notifications when there is important information and closures.

HOW TO INSTALL:

- 1. Visit your app store.
- 2. Search for "River Crossing YMCA"
- 3. Download to your phone
- 4. Use your personal information to create an account



Scan to download our app for Android users or click here to download.



Scan to download our app for iPhone users or click here to download.





METRO ESPORTS

Summer camp registration available, and opportunities for party rentals!





SUMMER 2025

EVERY WEEK

FORTNITE FRIDAY

Every Friday, 5-7 PM at Metro Esports. Compete in modes like Box Fights and Zone Wars to win Metro Coins for gaming gear and merch. Rookie or pro, the competition is fierce!

Every Friday | 5:00 PM

THE STORM - FORTNITE

Every Monday, battle it out in rotating Fortnite modes as a group or solo player. Win Metro Coins, redeemable for gaming gear, merch, and so much more!

Every Monday | 5:00 PM

IMPORTANT!

Hours are changing for all locations to accommodate for summer camps! Be sure to check for our new schedule.



PARTY RENTALS

You can rent a Metro Esports facility for your own birthday party or event! Let your event host guide your party through unique challenges, competitions, and free play for the best birthday a gamer could have.

Visit metroesports.gg for more info

DOYLESTOWN

MON - FRI: 4:30 PM to 8:30 PM SAT - SUN: 2:00 PM to 6:00 PM



GAMING & ESPORTS CAMP

Morning camp with exciting challenges, team-based activites, and guided free play across a variety of games.

June 16 to August 29 | Monday to Friday from 9AM to 12PM





TECHU CAMP

Afternoon camp for young gaming enthusiasts to dive into game creation, media, and tech skill development. Learn to code, build computers, design games, and more!

June 16 to August 29 | Monday to Friday from 1PM to 4PM



WARMINSTER

FRI: SAT - SUN: 4:30 PM to 8:00 PM 9:00 AM to 2:00 PM

GAMING & ESPORTS CAMP

Morning camp with exciting challenges, team-based activites, and guided free play across a variety of games.

June 16 to August 22 | Monday to Friday from 9AM to 4PM



GAME ON! INTRO TO GAMING FOR ACTIVE OLDER ADULTS

Specifically for active older adults, an instructional course on the world of gaming. Learn step-by-step instructions and enjoy gaming at your own pace!

Saturday, August 23 | 10:00 AM

FAIRLESS HILLS

MON - FRI: SAT - SUN: 4:30 PM to 7:00 PM 2:00 PM to 5:00 PM

ESPORTS CAMP

Full day or half day camp options available. A dynamic camp environment to develop skills, make new friends, and explore the thrilling world of esports and gaming.

June 23 to August 29 | Monday to Friday from 9AM to 4PM



WELLNESS

Allentown | Summer

PERSONAL TRAINING

Questions? Contact Chloe Ghirardi at cghirardi@ymcarivercrossing.org

			21 252. 2 /2	
Personal Training Club			Member MONTHLY	Non-member MONTHLY
Personal Training Club (12 yrs+)		Package Options		
Join the PT Club and get one-on-one time with a personal fitness trainer who can help you to meet	30 minutes	(4) per Month / 1x per Week	\$99	n/a
your goals or get started on your fitness journey.		(8) per Month / 2x per Week	\$198	n/a
Club prices are lower than package pricing, clients may carry over one unused session per month, and the monthly draft is automatically taken out at the beginning of each month with no additonal		(12) per Month / 3x per Week	\$298	n/a
need to register each month.	45 minutes	(4) per Month / 1x per Week	\$144	n/a
There is a three month minimum commitment in order to receive the discounted pricing.		(8) per Month / 2x per Week	\$289	n/a
		(12) per Month / 3x per Week	\$433	n/a
	60 minutes	(4) per Month / 1x per Week	\$190	n/a
		(8) per Month / 2x per Week	\$379	n/a
		(12) per Month / 3x per Week	\$569	n/a
Personal Training			Member FLAT FEE	Non-member
Personal Training Packages (12 yrs+)		Package Options		
One-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.	30 minutes	(5) Sessions	\$143	\$236
on your necess journey.		(10) Sessions	\$265	\$437
	45 minutes	(5) Sessions	\$204	\$337
		(10) Sessions	\$384	\$633
	60 minutes	(5) Sessions	\$265	\$437
		(10) Sessions	\$505	\$833
First Time Client Promotion				
Special pricing for first time personal training clients. Three 45-minute introductory sessions. All sessions must be used within 60 days of purchase.	45 minutes	(3) Sessions	\$90	N/A
				N
Partner Training			Member FLAT FEE	FLAT FEE
Partner Training Partner Training Packages (12 yrs+)		Package Options	FLAT FEE	Non-member FLAT FEE per person
	45 minutes	Package Options (5) Sessions	FLAT FEE	FLAT FEE

Team Training				Member FLAT FEE	Non-membe FLAT FEE
Team Training Packages (12 yrs+)			Package Options	Pricing is	per person
There's no better way to stay motivated than to train with a friend. Partner Training allows you both to	3 People	45 minutes	(5) Sessions	\$66	\$109
rain, side-by-side with a Personal Trainer and stay	Pricing is per person		(10) Sessions	\$116	\$191
n target!		60 minutes	(5) Sessions	\$83	\$136
			(10) Sessions	\$149	\$246
	4 People	45 minutes	(5) Sessions	\$55	\$91
	Pricing is per person		(10) Sessions	\$94	\$155
		60 minutes	(5) Sessions	\$74	\$121
			(10) Sessions	\$132	\$218
	5 People	45 minutes	(5) Sessions	\$46	\$76
	Pricing is per person		(10) Sessions	\$78	\$128
		60 minutes	(5) Sessions	\$66	\$109
			(10) Sessions	\$116	\$191

FAMILY & COMMUNITY

All Branches | Summer

AMERICAN RED CROSS CLASSES

Contact Anahita Mir at amir@ymcarivercrossing.org

Please visit website for full details on all American Red Cross Classes.

Lifeguarding Training with Deep Water (Blended Full Course)

Branch	Class Dates	Age	Member FLAT FEE	Non-member FLAT FEE	Location
Attendance at all class dates is req	uired to complete certification	15 yrs+ for all branch locations	\$340	\$390	Listed below
Bethlehem					
April	Sat Apr 26 (10 AM-7 PM) - Sun	Apr 27 (10 AM-6:30 PM) - Fri May 2 (5-9 PM)			CE Room
May	Fri May 23 (5-9 PM) - Sat May 2	24 (8 AM-6 PM) - Sun May 25 (9 AM-4:30 PM)			CE Room
Deer Path					
April	Sat Apr 5 (9 AM-5 PM) - Sun Ap	r 6 (9 AM-5 PM) - Sat Apr 12 (9 AM-5 PM)			Pool Deck
May	Sat May 17 (9 AM-5 PM) - Sun M	4ay 18 (9 AM-5 PM) - Sat May 24 (9 AM-5 PM)			Pool Deck
Doylestown					
May (1)	Fri May 2 (4-9 PM) - Sat May 3	(9 AM-6 PM) - Sun May 4 (9 AM-6 PM)			Lobby at WC
May (2)	Fri May 17 (4 PM-9 PM) - Sat Ma	Fri May 17 (4 PM-9 PM) - Sat May 18 (9 AM-6 PM) - Sun May 24 (9 AM-6 PM)			
July	Fri Jul 11 (4 PM-9 PM) - Sat Jul	12 (9 AM-6 PM) - Sun Jul 13 (9 AM-6 PM)			Lobby at WC
Fairless Hills					
April	Fri Apr 25 (5-8 PM) - Sat Apr 26	6 (8 AM-5:30 PM) - Sat May 3 (8 AM-5:30 PM)			Lobby at WC
Quakertown					
April	Fri Apr 4 (4-9 PM) - Sat Apr 5 (9 AM-6 PM) - Sun Apr 6 (9 AM-6 PM)			Lobby at WC
May	Fri May 23 (4-9 PM) - Sat May 2	24 (9 AM-6 PM) - Sun May 25 (9 AM-6 PM)			Lobby at WC
June (1)	Fri Jun 6 (4-9 PM) - Sat Jun 7 (9 AM-6 PM) - Sun Jun 8 (9 AM-6 PM)			Lobby at WC
June (2)	Fri Jun 27 (4-9 PM) - Sat Jun 28	8 (9 AM-6 PM) - Sun Jun 29 (9 AM-6 PM)			Lobby at WC
July	Fri Jul 25 (4-9 PM) - Sat Jul 26	(9 AM-6 PM) - Sun Jul 27 (9 AM-6 PM)			Lobby at WC

Lifeguarding Recertification Training

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
		15 yrs+ fo	or all branch	locations	\$175	\$195	Listed below
Deer Path	May 17		Sat	9 AM-6 PM			Pool Deck
	July 20		Sun	9 AM-6 PM			Pool Deck
	August 3		Sun	9 AM-6 PM			Pool Deck

Doylestown	May 10	Sat	9 AM-6 PM	Lobby at WC
	June 21	Sat	9 AM-6 PM	Lobby at WC
Fairless Hills	June 15	Sun	9 AM-6 PM	Lobby at WC
	June 29	Sun	9 AM-6 PM	Lobby at WC
	July 19	Sat	9 AM-6 PM	Lobby at WC
Quakertown	April 26	Sat	9 AM-6 PM	Lobby at WC
	May 4	Sun	9 AM-6 PM	Lobby at WC
	July 20	Sun	9 AM-6 PM	Lobby at WC
Bethlehem	May 18	Sun	10 AM-7:30 PM	Looby at WC

Lifeguarding Instructor Training (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Attendance at all class dates is required to	complete certification	17 yrs+ fo	r all branch	locations	\$415	\$475	Gene Smith Conf Rm
Doylestown							
April	Fri Apr 11 (4-9 PM) - Sat Apr 12 (9 AM-6	PM) - Sun Apr	13 (9 AM-6	PM)			
June	Fri Jun 13 (4-9 PM) - Sat Jun 14 (9 AM-6	Fri Jun 13 (4-9 PM) - Sat Jun 14 (9 AM-6 PM) - Sun Jun 15 (9 AM-6 PM)					
August	Fri Aug 1 (4-9 PM) - Sat Aug 2 (9 AM-6 PM) - Sun Aug 3 (9 AM-6 PM)						

Lifeguarding Instructor Recertification Training (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Doylestown	May 12	17 yrs+	Mon	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	June 22	17 yrs+	Sun	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	July 19	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	August 9	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	Augut 16	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room

CPR/AED for Professional Rescuers with First Aid and Administering Emergency Oxygen (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Class times will be posted as they become available							

Basic Life Support / BLS (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
					+ 6 =	+05	
Class times will be posted as they become available		15 yrs+	Sun		\$65	\$95	Studio 2

ARC Adult and Pediatric First Aid/CPR/AED with Administering Emergency Oxygen (Blended Full Course)

Branch		Age	Member FLAT FEE	Non-member FLAT FEE	Location
Bethlehem		15 yrs+ for all classes	\$115	\$140	Teen Center/SEFA ROOI
Wed Apr 2 (10:30 AM-1:30 PM)	Fri May 16 (5-8 PM)				
Sat Apr 26 (10:30 AM-1:30 PM)					
Deer Path		15 yrs+ for all classes	\$115	\$140	CE Room
Sat May 3 (11 AM-2 PM)					
Doylestown		15 yrs+ for all classes	\$115	\$140	Teen Center
Tue Apr 22 (5:15 PM-8:15 PM)	Tue Jun 3 (5:15 PM-8:15 PM)	Tue Jul 1 (5:15 PM-8:15 PM)	Tue Aug 5	(5:15 PM-8:1	5 PM)
Tue Apr 29 (5:15 PM-8:15 PM)	Tue Jun 10 (5:15 PM-8:15 PM)	Tue Jul 15 (5:15 PM-8:15 PM)	Tue Aug 19	(5:15 PM-8:	15 PM)
Sun May 4 (11 AM- 2 PM)	Tue Jun 17 (5:15 PM-8:15 PM)	Tue Jul 29 (5:15 PM-8:15 PM)			
Tue May 6 (5:15 PM-8:15 PM)	Tue Jun 24 (5:15 PM-8:15 PM)				
Tue May 27 (5:15 PM-8:15 PM)					
Easton		15 yrs+ for all classes	\$115	\$140	SEFA Room
Fri Apr 18 (5 PM-8 PM)	Mon May 5 (10:30 AM-1:30 PM)				
	Sat May 24 (10:30 AM-1:30 PM)				
Fairless Hills		15 yrs+ for all classes	\$115	\$140	Studio 2
Sun Apr 27 (12 PM-3 PM)	Sun Jun 8 (11 AM-2 PM)	Sun Jul 13 (11 AM-2 PM)	Sun Aug 3	(11 AM-2 PM))
Sun May 4 (11 AM-2 PM)	Sun Jun 15 (11 AM-2 PM)	Sun Jul 20 (11 AM-2 PM)	Sun Aug 17	7 (11 AM-2 PM	1)
Fri May 9 (5 PM-8 PM)	Sun Jun 22 (11 AM-2 PM)	Sun Jul 27 (11 AM-2 PM)	Sun Aug 2	4 (11 AM-2 PM	1)
Sun May 18 (11 AM-2 PM)	Sun Jun 29 (11 AM-2 PM)				
Sun May 25 (11 AM-2 PM)					
Round Valley		15 yrs+ for all classes	\$115	\$140	CE Room
Mon Apr 7 (5:30 PM-8:30 PM)	Mon May 12 (5:15 PM-8:15 PM)				
Fri Apr 18 (3 PM-6 PM)	Thu May 29 (5:30 PM-8:30 PM)				
Wed Apr 30 (5:30 PM-8:30 PM)					
Quakertown		15 yrs+ for all classes	\$115	\$140	Upstairs/CC Room
Wed Apr 9 (6:30-9:30 PM)	Sun May 4 (10 AM-12:30 PM)	Wed Jun 11 (6:30-9:30 PM)	Wed Aug 1	3 (6:30-9:30	PM)
Sun Apr 13 (10 AM-12:30 PM)	Wed May 7 (6:30-9:30 PM)	Wed Jul 9 (6:30-9:30 PM)			